



Health Plan Intranet language

You're not the only parent who searches "pediatric therapist near me" at 2am

When it comes to things like depression, anxiety, ADHD, OCD, or autism, it's easy for parents to feel unsure of how to help their child. **It's also really hard to recognize — and sometimes, admit — that something feels different.**

When the right help is within reach, that weight starts to lift. And now, that help is right here in New York. **The Brightline family mental health clinic is now open in New York.**

Call (888) 255-1244 to schedule an in-person or virtual appointment today

Brightline has done the research, reviewed the education, confirmed licensing, and vetted backgrounds of every one of their clinicians for you. They've also implemented cultural sensitivity training so families are matched with a team who understands and respects their way of life.

With Brightline, parents have experienced pediatric therapists, psychiatrists, and other clinicians who know how to help kids, teens, and parents heal, grow, and reach their goals.

Through evidence-based treatment, data-driven results, and a focus on what each family is experiencing, Brightline offers kids up to age 18:

- psychological testing, evaluations, and diagnoses
- care plans, follow-up sessions, and measured progress
- hybrid in-person and virtual care for individualized treatment
- digital interventions between sessions
- general therapy and psychiatry (including medication management) for common concerns
- focused programs that address specific concerns like anxiety, OCD, ADHD, and disruptive behaviors

Learn more at brightline.com today.